

Introduction to Music in Healthcare & Community Settings

(5-Day Course/Level 1)



Applicants - Recent Graduates/ Early Career Musicians/Professional Musicians

Date/Time: 9.30 am - 4 pm Monday - Friday, November 6th - 10th, 2023.

Location: Réalta Centre for Arts + Health, University Hospital Waterford.

Course partners - This course is delivered by **Music & Health Ireland** in association with **Reálta, the National Body for Arts + Health in Ireland**, and hosted at Réalta's Centre for Arts + Health at University Hospital Waterford.

Course Trainers - Are highly experienced members of the Music & Health Ireland training team, all working as Healthcare Musicians and as Trainers for many years.

Course Fees: Full Rate - €800 / Early Bird Rate applies before September 1st - €600

Course Scholarships: We have a limited number of places with **100% of course fees covered for recent Graduates/Early Career Musicians upon acceptance onto the course.** Please indicate on the application form if you wish to be considered for a scholarship. *[Any additional accommodation or travel costs are the responsibility of all individuals].*

Participants - We will have a maximum of 10 participants.

Music & Health Ireland leads the field of music and health practice in Ireland. Their team of musicians are trained in best-practice musical and pedagogical techniques specifically developed for quality outcomes in healthcare. The methodology and approach used is consciously grounded in cultural interactions rather than clinical goals.

Music & Health Ireland manages and delivers the largest programme of training and CPD opportunities for early-career musicians and professional musicians interested in working in Healthcare and Community Settings across Ireland.

The organisation carries out projects with professional musicians specifically trained to work in healthcare settings. This work is based on interaction and communication in a person-centred approach and includes families and care staff. Between the delivery of many diverse projects and professional training with European leaders Musique et Santé, Music & Health Ireland brings a wide range of experience and skills to this learning opportunity.

www.musicandhealthireland.ie | Facebook/Twitter/Instagram @MusicHealthIrl

Reálta, the National Body for Arts + Health in Ireland, works from its dedicated Centre for Arts + Health on the campus of University Hospital Waterford (UHW). Réalta delivers training programmes; provides information, mentoring and advice; supports networking and engages with the HSE and other policy makers to increase understanding and support for arts + health. Core funded by the Arts Council and the HSE, Réalta is the parent organisation of the Waterford Healing Arts programme, and www.artsandhealth.ie Réalta is delighted to be the host venue for this training course and to offer participants the opportunity to observe some of our musicians at work in the hospital ward setting.

www.realta.ie | www.waterfordhealingarts.com

Course Details:

This is a **5-day introductory course** for musicians interested in exploring the idea of bringing music into healthcare and community spaces with a focus on older persons' settings. It includes a practical placement in local healthcare settings in Waterford City.

The Objectives of the Introductory Course:

- Understand the role of the healthcare musician and the appropriate placement of music in sensitive settings.
- Explore the skillset and best practice methods necessary to deliver quality interactions in Healthcare and Community Settings.
- Observe and take part in a Practical visit to a local Healthcare Setting (Subject to no restrictions being in place).
- Engage in Personal Reflective Practice, including healthcare setting visits, debriefing and evaluation.

The Programme Content will include:

- The approach and methods required for successful musical interactions in hospital and care home environments.
- Vocal and instrumental repertoire and improvisation
- Challenges of working in a team within a clinical space
- Ethics and confidentiality
- A self-care and mindfulness practice workshop
- Practical music placements in local healthcare settings

Criteria for selection [Essential]

1. Good instrumental or vocal level required whatever the musicians' initial training (e.g. classical, jazz, contemporary, folk or traditional).
2. A desire to get more out of your musical ability and explore the successful placement of music in a variety of off-stage settings such as Healthcare and Community support spaces.
3. An enthusiasm for varied Repertoire (Folk/Popular/Classical/Contemporary/Traditional) and willingness to expand your range of music throughout the project
4. Portability of Instrument / Use of Voice
5. Commitment of your time to embrace the personal and professional development activities this course will provide.

Desirable

1. Excellent communication and interpersonal skills with an ambition to engage effectively through music
2. Capacity and flexibility to learn and work as part of a team.
3. Creative ability

Online Application Closing September 1st - Early Bird Rate / Recent Graduates or Early Career Scholarship.

Virtual Interviews will be held: Week of September 11th, 2023.

Online Applying Process: The application can be made at: <http://bit.ly/IntroMusicAndHealth>

As places are limited, interested musicians should apply via the above link with:

- a written expression of interest as to why you wish to participate in this course.
- an outline of how the selection criteria apply to you.
- **a biography** (a detailed description of your musical life.
- **a short video** demonstrating your musical skill (this does not have to be a studio recording).

Please prepare and draft your answers before completing and submitting the online form.

Informal enquiries to - info@musicandhealthireland.ie

Places will be offered at the discretion of Music & Health Ireland CLG

Music & Health Ireland is an equal opportunities employer and is committed to inclusion in all aspects of its work. We, therefore, welcome and invite applications from all suitably qualified or experienced candidate musicians across musical genres, as well as across the identity groupings of gender, disability, marital or parental status, racial, ethnic or social origin, colour, religion, belief, or sexual orientation. In the recruitment process, accommodation measures can be provided to ensure equal opportunities for candidates with disabilities or specific needs.

This project is supported by the Arts Council of Ireland and aims to connect recent graduates and early career musicians (18+) who are developing their professional engagement with Music in Healthcare and Community Settings.



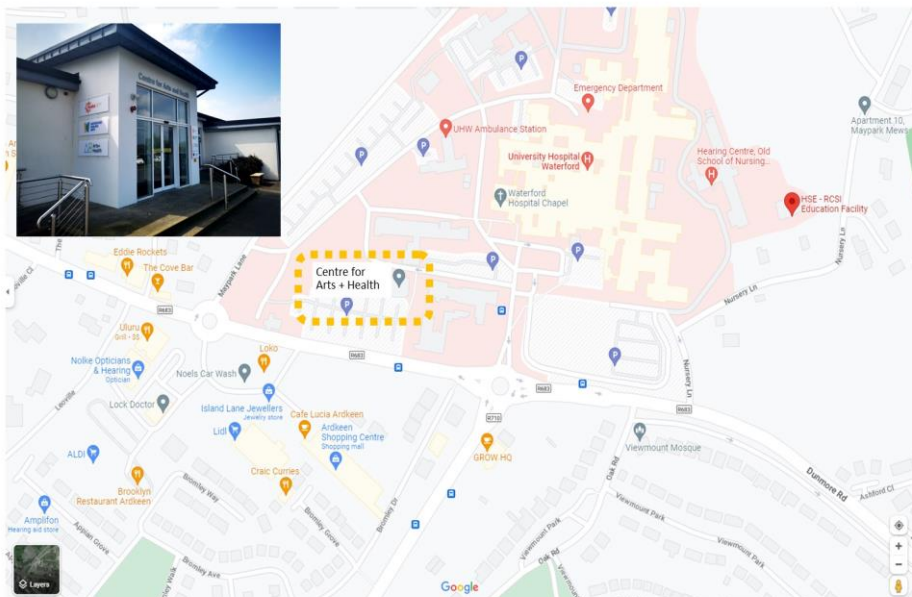
Further Info:

Accommodation recommendations in Waterford

- Woodlands Hotel & Leisure Centre - <https://www.woodlandshotel.ie/> - 22 min walk, 1.5km from Centre for Arts + Health. Or take 617 bus to hospital.
- The Tower Hotel & Leisure Centre - <https://www.towerhotelwaterford.com/> - 31 min walk, 2.6km from Centre for Arts + Health. Or take 605 bus to the hospital.
- Waterford Marina Hotel - <https://www.waterfordmarinahotel.com/> - 28 min walk, 2.3km from Centre for Arts + Health. Or take 605 bus to the hospital.

Directions to Réalta's Centre for Arts + Health:

The Centre for Arts + Health is part of the University Hospital Waterford campus. On entering the main gate of the hospital from the Dunmore Road, take your first turn left into the main public car park. The Centre for Arts + Health is the second last building on the left.



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